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MIND ITS MYSTERIES AND CONTROL By SRI SWAMI SIVANANDA Sri Swami Sivananda Founder of The Divine Life Society 6(59(/29(*,9(385,) < 0(â€™™,7\$7(5(\$/,=(So Says Sri Swami Sivananda A DIVINE LIFE SOCIETY PUBLICATION

Mind--Its Mysteries and Control

Some of the body's systems are well known to be affected by the mind-body link. Most people will have experienced changes in these body systems in response to stress or excitement at some time in their life. Commonly affected are the digestive system, the skin, heart and breathing rate, pain intensity and fatigue.

Understanding the mind-body link - King's College London

Body, Mind, Soul and Spirit Anjam Khursheed Abstract This paper presents the Baha'i view of human nature, which involves an interaction between spirit, soul and body.

Body, Mind, Soul and Spirit - Baha'i Library

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